

# Acidophilus-Bifidobacterium

NPN 80015336, 100 capsules, Probiotic supplement, Stock No. 1511-2

Perhaps the most fascinating aspect of the gastrointestinal tract is the friendly bacteria it employs to maximize the nutritional benefits of the food you eat. There are over three pounds of these little microorganisms that not only help to break down certain substances that escape digestive fluids, but also to manufacture healthful compounds that are reabsorbed into the blood.

## *Did you know?*

Deficiencies of these friendly bacteria are not uncommon due to sickness, bad eating habits and antibiotic use. Fermented foods, such as yogurt and kefir, provide some of these friendly bacteria, but probiotic supplements contain much greater amounts.

## *NSP Advantage*

100 capsules. Probiotic supplement of *Lactobacillus* and *Bifidobacterium* species.

*Ingredients:* Medicinal Ingredients: Each gelatin capsule contains 4 billion active friendly bacteria (13 billion at time of manufacture) of

the following strains: *Lactobacillus rhamnosus* 2.8 billion, *Lactobacillus acidophilus* 800 million, *Bifidobacterium longum* 400 million. Non-medicinal ingredients: maltodextrin, gelatin, magnesium stearate

*Recommendation:* Adults, adolescents and children 1 year old and up, take orally two capsules daily with a meal. Probiotic that forms part of a natural healthy gut flora and provides live microorganisms to benefit health and confer a health benefit.

**Risk Information:** Cautions and warnings: Discontinue use and consult a health care practitioner if symptoms of digestive upset (e.g. diarrhoea) occur, worsen, or persist beyond 3 days.

**Contra-indications:** Do not use in the presence of severe abdominal pain, nausea, fever, vomiting or bloody diarrhea. Do not use if you have an immune-compromised condition (e.g. AIDS, lymphoma, patients undergoing long-term corticosteroid treatment).

Keep refrigerated or preferably frozen.

## Features & Benefits

- Helps to manage acute infectious diarrhoea.
- Helps to manage and reduce the risk of antibiotic-associated diarrhoea.
- Inhibits the proliferation of harmful bacteria.
- Promotes healthy digestive and intestinal systems.
- Maintains healthy intestinal flora necessary for proper digestion and assimilation of foods.
- Assists in the digestion of proteins.
- Enhances the breakdown of lactose.
- Helps the body produce digestive enzymes and certain vitamins.
- Reduces the proliferation of hostile organisms like *Candida albicans*.
- Helps maintain a healthy colon.