

AG-C

100 capsules, Chinese Herbal Combination, Stock No. 1870-4

AG-C combines traditional Chinese herbs that strengthen digestive function and enhance the body's eliminative processes. Nature's Sunshine's Chinese herbal combinations are based on 5,000 years of Chinese herbal tradition. Traditional Chinese medicine, including herbs, provides primary healthcare for more than one-third of the world's population.

Did you know?

The therapeutic principle for relieving the Earth Element is called Xiao Dao, which means to clear congestion, and refers to the treatment of stagnant and undigested food in the stomach and intestines. The problem is related to poor function of the gastrointestinal system, sluggish energy circulation, and accumulation of moisture.

These problems are associated with poor nutrition, weakness of the blood and muscles, weight problems, and sluggish energy after eating.¹

NSP Advantage

100 capsules Chinese herbal combination.

Ingredients: 500 mg combination of the finest agastache (*Agastache rugosa*) herb, crataegus (*Crataegus pinnatifida*) fruit, hoelen (*Poria cocos*) plant, magnolia (*Magnolia liliflora*) bark, oryza (*Oryza sativa*) seed, shenqu (*Xanthium stramonium*) tea, citrus (*Citrus species*) peel, cyperus (*Cyperus rotundus*) rhizome, Panax ginseng root, pinellia (*Pinellia ternate*) rhizome, uncaria (*Uncaria rhynchophylla*) stem, atractylodes (*Atractylodea macrocephala*) rhizome, cardamom (*Amomum villosum*) fruit, inula (*Inula britannica*) flower, ginger (*Zingiber officinale*) rhizome, and licorice (*Glycyrrhiza uralensis*) root.

Recommendation: Take three capsules one-half hour after each meal daily. Enhances the digestive and detoxifying functions of the body.

1. Dharmananda, S. Your Nature, Your Health, Institute for Traditional Medicine & Preventative Care, 1986, page 132.

Features & Benefits

- Contains herbal ingredients traditionally used for digestive problems (nausea, bloating, sluggish bowels, diarrhea, indigestion, flatulence, gastroenteritis), headaches, poor circulation, anxiety, sweet cravings, food allergies, obesity, motion sickness, and morning sickness.
- Relieves excess conditions and clears congestion.
- Ginger has traditionally been used as an antispasmodic and helps prevent nausea and vomiting associated with motion sickness, postoperative nausea and seasickness.
- Ginger also helps relieve digestive upsets/disturbances including flatulence, spasmodic indigestion and constipation.