# **Astragalus**

### 100 capsules, Single Herb, Stock No. 40-1

Chinese astragalus root has been used to optimize immune function and as a tonic to build stamina. In Asia, astragalus root is sold in dry slices up to a foot long. Ancient Chinese texts record the use of astragalus for tonifying the spleen, blood and chi.

#### Did you know?

Astragalus contains several beneficial compounds. These include saponins, sterols, isoflavones and polysaccharides. Research shows that astragalus has immunostimulatory properties. It seems to encourage the development of active immune cells. It appears that this herb helps trigger immune cells from a «resting» state into heightened activity.

#### NSP Advantage

100 capsules per bottle. Single herb.

*Ingredients:* 420 mg of the finest astragalus (*Astragalus membranaceus*) root.

*Recommendation:* Take 2 capsules with a meal three times daily.

**Warning:** Contraindicated in inflammation and autoimmune disorders.

## **Features & Benefits**

- Stimulates the immune system in a multitude of ways.
- Protects against oxidative and free radical damage.
- Helps the body cope with stress (adaptogenic).
- Supports liver and spleen function.
- May offer circulatory benefits by dilating blood vessels.
- Helps to support adrenal gland function.