

Bod-E-Klenz

30-day cleanse program of 90 packets, Stock No. 4107-0

Bod-E-Klenz is a cleansing program. This easy-to-follow method of cleansing provides individually packaged doses for morning, afternoon and evening, and can be especially beneficial if taken prior to starting a new diet or detoxifying program.

Bod-E-Klenz is an essential first step in tuning up the body before beginning a weight management program.

Did you know?

Years of eating fast foods, refined and low fibre foods can cause a build-up of toxic substances in the body. This build-up commonly occurs in the intestines and can limit the body's ability to properly absorb vitamins and minerals through the intestinal walls. After cleansing, your body is better able to absorb nutrients.

NSP Advantage

This package contains three types of packets marked: AM (2-BWL-BLD, 2-Master G Formula, 1-Enviro D-T-X, 1-LIV-A) (30); NOON (2-BWL-BLD, 2-Master G Formula, 1-Enviro D-T-X, 1-LIV-A) (30); and PM (3-LBS II, 2-Psyllium Hulls, 1-GTF Chromium) (30).

This represents four one-week programs.

BWL-BLD, NPN 02240716. Amount per capsule: Medicinal Ingredients: Ascorbic acid (Vitamin C) 10 mg; Selenium (rice protein amino acid chelate) 5.3 mcg, Zinc (gluconate) 1 mg. Non-Medicinal Ingredients: psyllium, gelatin, alginic acid, cascara sagrada, marshmallow, parthenium, apple pectin, bentonite, charcoal, ginger, pepsin (contains milk lactose), betaine hydrochloride, extract of ox bile, magnesium stearate (vegetable source), pancreatin, chlorophyll, vitamin E, silicon dioxide, beta-carotene.

Master G Formula, NPN 02240634. Amount Per Capsule: Medicinal Ingredients: Ascorbic acid (Vitamin C) 30 mg; pantothenic acid (calcium d-pantothenate) 12 mg; potassium (citrate) 10 mg; d-alpha tocopheryl acetate (Vitamin E) 4.67 mg AT (7.0 IU); zinc (gluconate) 3 mg; manganese (amino acid chelate) 0.5 mg. Non-Medicinal Ingredients:

parsley leaf, licorice root, alfalfa herb, asparagus stem, black walnut hulls, kelp plant powder, parthenium root, thyme herb, dandelion root, lemon bioflavonoids, Siberian ginseng root, schizandra fruit, marshmallow root, uva ursi leaf, lecithin, beta-carotene, gelatin capsule.

Enviro-D-T-X, EN-161803. Ingredients: Burdock root, dandelion root, fenugreek seed, ginger root, pepsin, red clover flowers, yellow dock root, marshmallow root concentrate, sarsaparilla root concentrate, lactospores, cascara sagrada bark, echinacea root concentrate, milk thistle seed concentrate, gelatin, and water.

LIV-A, NPN 02238346. Amount Per Capsule: Medicinal Ingredients: *Taraxacum officinale* (dandelion) root 85 mg; *Curcuma longa* (turmeric) root 70 mg; *Petroselinum crispum* (parsley) leaf 50.4 mg; *Cnicus benedictus* (blessed thistle) aerial parts 19.8 mg; *Angelica archangelica* (angelica) rhizome/root 16.8 mg; *Matricaria recutita* (chamomile) flower 15.8 mg; *Gentiana lutea* (gentian) rhizome/root 12.9 mg; *Solidago virgaurea* (golden rod) aerial parts 8.9 mg. Non-Medicinal Ingredients: gelatin capsule, yellow dock, cellulose, artichoke.

LBS II, NPN 02148250. Amount Per Capsule: Medicinal Ingredients: *Rhamnus purshiana* (Cascara Sagrada) bark 205 mg; *Rhamnus frangula* (Buckthorn) bark 84 mg, *Glycyrrhiza glabra* (licorice) root 72 mg; *Rheum officinale* (Turkey Rhubarb) root 12 mg. Non-Medicinal Ingredients: ginger, capsicum, couch grass, Oregon grape, red clover, gelatin.

GTF Chromium, NPN 02083760. Amount Per Tablet: Medicinal Ingredients: Chromium (Amino Acid Chelate) 500 mcg. Non-medicinal ingredients: Dicalcium phosphate, cellulose, red clover, yarrow, stearic acid (vegetable source), croscarmellose sodium, magnesium stearate (vegetable source).

Psyllium Hulls, NPN 80021073. Amount Per Capsule: Medicinal Ingredients: *Plantago ovata* (psyllium) husks 465 mg. Non-medicinal ingredients: Gelatin capsule.

Recommendation: Balanced nutrition and regular exercise will maximize the function of this product.

Take with 250 mL (8 oz.) of water. Maintain adequate fluid intake. Take 2 hours before or after taking other medications.

Take the contents of one (1) AM packet with breakfast, one (1) NOON packet with lunch, (1) PM packet with evening meal daily for one week. Some individuals may not need the full dosage of 3 LBS II capsules in the PM

Bod-E-Klenz

30-day cleanse program of 90 packets, Stock No. 4107-0

packet. It is recommended when starting this program to remove 2 of the LBS II capsules from the PM packet and save them for later use. (You may use these as an herbal laxative after you have completed the 30-day Bod-E-Klenz program). After 2 or 3 days, if you desire a stronger cleansing or detoxifying effect, remove just one LBS II from the PM packet. If you still want a stronger cleansing effect after being on the program for 7 days, then take the PM packet without removing any capsules. This product could produce a bowel movement during the night or in the morning.

Risk Information: This product contains cascara sagrada. See your health care provider prior to use if: Pregnant or nursing, any medical condition exists, or when taking any medication. Read and follow recommendation carefully. Do not use if diarrhea, loose stools, or abdominal pain are present or develop. Use of this product may worsen these conditions and be harmful to your health. Chronic diarrhea can result in serious illness.

Do not use if you have difficulty swallowing or if you are experiencing a sudden change in bowel habits that has persisted for more than 2 weeks, or undiagnosed rectal bleeding.

Hypersensitivity, such as allergy, has been known to occur following inhaled and/or ingested psyllium; in which case, discontinue use. May cause temporary gas and/or bloating.

Features & Benefits

- **BWL-BLD:** Vitamin C is a factor in the maintenance of good health. Both zinc and vitamin C help in connective tissue formation, and help the body metabolize fats and protein. Both selenium and vitamin C are antioxidants for the maintenance of good health. Zinc helps to maintain healthy skin and maintain immune function, while vitamin C helps in wound healing. Supports and maintains a healthy intestinal system to help the body deal more efficiently with toxins.
- **Master G Formula:** Vitamin-Mineral supplement.
- **Enviro-D-T-X** is designed to provide ongoing support to the body's natural cleansing functions.
- **LIV-A:** Traditional Herbal Medicine for the relief of indigestion, gaseousness, or fullness.
- **LBS II:** Traditional herbal laxative.
- **GTF Chromium:** Provides support for healthy glucose metabolism.
- **Psyllium Hulls:** used in Herbal Medicine as a bulk-forming laxative which provides gentle relief of constipation and/or irregularity and also promotes bowel movements by increasing bulk volume and water content.