

BWL-BLD Formula

DIN 02240716, 120 capsules, Vitamin/Mineral supplement, Stock No. 2855-3

BWL-BLD Formula is designed as an intestinal cleansing and maintenance formula.

BWL-BLD Formula offers a vast array of vitamins, minerals, enzymes and herbs which promote intestinal health and provide a source of dietary fibre.

Did you know?

Bowel movement frequency varies widely in North American society. Some people might normally have three movements a day, while others have one movement every other day. The less frequent a person's movements are, the greater the amount of time waste material stays in the colon (longer residence time). Since the colon is the toxic waste site for the body, it is most important that everyone decrease their residence time by having regular movements. Regular movements means that you have them with a fairly predictable pattern of frequency and at approximately the same time of day. Any change in bowel habits can be a sign of trouble somewhere along the digestive tract.¹

NSP Advantage

120 capsules. Vitamin and mineral supplement

Ingredients: 10 mg of vitamin C, 1 mg of zinc (gluconate), 5.3 mcg of selenium (H.V.P.* chelate) in a base of non-medicinal ingredients including psyllium (*Plantago major*) seed hulls, kelp (*Phaeophyta div.*) plant powder, cascara sagrada (*Rhamnum pershiana*) bark, bentonite clay, apple pectin, marshmallow (*Althea officinalis*) root, parthenium (*Parthenium integrofolium*) root, charcoal powder, ginger (*Zingiber officinale*) root, pepsin, betaine hydrochloride, bile salts, pancreatin, sodium copper chlorophyllin, d-alpha tocopheryl acetate (vitamin E), and beta-carotene.

Recommendation: (Adult dose) Take two capsules with morning meal and three capsules with evening meal daily.

1. Murray, Michael, Dr. Murray's Total Body Tune-Up, Bantam, 2000, page 46.

Features & Benefits

- *H.V.P. Hydrolyzed vegetable protein.
- Loosens and cleanses old fecal matter on the intestinal walls.
- Charcoal and bentonite absorb toxins to be eliminated.
- Provides bulking agents and substances which stimulate peristaltic action in the colon.
- Enhances digestion and absorption of nutrients.
- Improves the transit time and elimination of waste material, which may help reduce intestinal gas and odour.
- Ginger helps relieve digestive upsets/disturbances including flatulence, spasmodic indigestion and constipation. Ginger has been used traditionally as a spasmolytic (anti-spasmodic).
- Cascara sagrada has traditionally been used as a laxative.