

# CBG Extract

59 mL, Liquid herbal extract, Stock No. 1751-2

**C**BG is an herbal liquid extract designed to support the immune system, which is especially important during times of seasonal changes.

CBG, formulated in a water and alcohol base with chickweed herb, black cohosh root, golden seal root, valerian root, scullcap herb, Brigham tea herb, licorice root, is known as an analgesic, antiseptic, astringent, nervine, and sedative combination.

### *Did you know?*

CBG, as well as all the other herbal liquid extracts in an alcohol base, can be used in several ways. You can apply undiluted CBG directly in the ear once it has been warmed. You can rub a few drops on the problem areas, on the abdomen, or under the feet where liquids are quickly absorbed. You can take it orally or dropped under the tongue. If you are concerned with the presence of alcohol, you can pour the quantity of liquid herb

you need in two teaspoons of hot water, let stand for a couple of minutes, and then use it internally or externally. This simple process eliminates the alcohol.

### *NSP Advantage*

59 mL. Herbal liquid extract in alcohol.

*Ingredients:* CBG Extract contains: Black cohosh root (*Cimicifuga racemosa*), Chickweed herb (*Stellaria media*), Goldenseal root (*Hydrastis canadensis*), Desert tea herb (*Ephedra nevadensis*), Licorice root (*Glycyrrhiza glabra*), Valerian root (*Valeriana officinalis*), and Passionflower (*Passiflora incarnata*). Extract is made by cold percolation with alcohol and water. Solvents are removed by vacuum distillation. The extract is diluted 1:1 in 15-20% alcohol and water.

*Recommendation:* Take 1/2 teaspoon (2.5mL) twice daily with water. As a gargle, use 1 teaspoon (5 mL).

## Features & Benefits

- Strengthens the immune system.
- Helps relieve ear infections and earaches, when used warm, undiluted in ears.
- Contains herbs traditionally used to promote the healing of irritated tissues.
- Contains calmative herbs that help soothe the nerves. Valerian is used as a mild sedative and sleep-promoting agent.
- Helps relieve cramps, aches, bites and stings, when applied externally.
- Black cohosh was traditionally used to help relieve menopausal symptoms and relax skeletal muscle and ease nervous tension. Black cohosh helps to relieve premenstrual symptoms.