# Cornsilk

### 100 capsules, Single herb, Stock No. 235-3

The silky tassel inside the corn husk is not often considered a food, but it is highly valued in herbology as a support to the urinary system. After the corn plant has shed its pollen, the silk is gathered, dried and powdered for various uses.

Cornsilk is one the best natural remedies for bladder, kidney and prostate problems.

#### Did you know?

Cornsilk is very popular in Chinese herbology and is an example of one of the many valuable sources of nutrition that go overlooked or are considered waste by the general population. Nature's Sunshine knows best!

#### NSP Advantage

100 capsules. Single Herb.

*Ingredients:* 400 mg of the finest cornsilk (*Zea mays*).

Cornsilk contains iron, potassium, silicon, B vitamins, PABA, vitamins A, C, and K.

*Recommendation:* Take two capsules with a meal three times daily.

## **Features & Benefits**

- Relaxes and soothes irritated mucus membranes lining the bladder and urinary tubules.
- Soothes burning or painful urination due to irritation of the bladder and urethral walls.
- Nutritionally supports the urinary system to help prevent bladder and kidney infections.