

Digestive Enzymes

DIN 00546461, 120 tablets, Digestive supplement, Stock No. 1761-1

Enzymes are necessary for the digestion of food, releasing vitamins, minerals, and amino acids, which keep us alive and healthy.

Enzymes are often divided in two groups: digestive enzymes and metabolic enzymes. Digestive enzymes are secreted along the gastrointestinal tract and break down foods, enabling the nutrients to be absorbed into the bloodstream for use in various bodily functions.

Metabolic enzymes are those enzymes that catalyze the various chemical reactions within the cells, such as energy production and detoxification. The metabolic enzymes run all of the body's organs, tissues, and cells.

Did you know?

Enzymes are extremely sensitive to heat. Even low to moderate heat (118 degrees F. or above) destroys most enzymes in food. Enzymes are best obtained from uncooked or unprocessed fruits and vegetables.

Alternatively, taking enzyme supplements helps prevent depletion of the body's own enzymes and thus reduce the stress on the body.

NSP Advantage

120 tablets. Enzymes supplement.

Ingredients: 300,000 units of protease activity, 30,000 units of amylase activity, 1,500 units of lipase activity from pancreatin (180 mg), mycozyme (90 mg), bromelain (50 mg), papain (45 mg), and lipase (15 mg). Also contains pepsin (200 mg), betaine HCl (162 mg), and bile salts (40 mg). Other ingredients: dicalcium phosphate, cellulose, stearic acid and magnesium stearate.

Recommendation: Take 1 or 2 tablets during or after meals.

Features & Benefits

- Assists in the digestion of all types of food, with the exception of dairy.
- Protease is the enzyme that digests protein; amylase digests carbohydrates and lipase digests lipids (fats).
- Pancreatin is necessary for protein, lipid and carbohydrate digestion.
- Mycozyme metabolizes carbohydrates.
- Bromelain, pepsin, and betaine HCl all help break down protein.
- Bile salts assist the digestion of lipids.