

Eight

100 capsules, Herbal combination, Stock No. 849-0

Combination Eight is designed to support the nervous and structural systems.

This herbal combination including white willow bark, hops flowers, wood betony herb, passion flower herb, ginger root, chamomile flowers, capsicum fruit, and schizandra fruit, is analgesic (pain-relieving). It is particularly directed to the connective tissues of the structural system.

Did you know?

Common painkillers, such as aspirin or ibuprofen, work by blocking inflammation. They are useful, but their relief is often less than complete and side effects are frequent. Several spices show anti-inflammatory effects, and perhaps the best studied of these is ginger found in Combination Eight. Ginger blocks enzymes that would otherwise make inflammation-producing prostaglandins. Indeed, ginger has been used in traditional Indian Ayurvedic medicine for centuries as an arthritic treatment.

NSP Advantage

100 capsules. Herbal combination.

Ingredients: 400 mg combination of the finest white willow (*Salix alba*) bark, hops (*Humulus lupulus*) flowers, wood betony (*Betonica officinalis*) herb, passion flower (*Passiflora incarnata*) herb, ginger (*Zingiber officinale*) root, chamomile (*Matricaria recutita*) flowers, capsicum (*Capsicum annuum*) fruit, and schizandra (*Schisandra chinensis*) fruit.

This combination has naturally-occurring amounts of calcium, magnesium, manganese, niacin, selenium, and zinc.

Recommendation: Take one capsule with a meal three times daily. Alleviates pain and inflammation in joints, muscles, and nerves.

Features & Benefits

- The herbs in this formula have been traditionally used for rheumatism, arthritis, insomnia, headaches, nervous conditions, neuralgia, convulsions, and fevers. Specifically, some of the traditional uses for the various herbs in the formula are as follows:
- Hops and passion flower - easing the mind and calming the nerves.
- Hops has traditionally been used as a sedative and to relieve tension, and as a digestive aid to increase appetite and to relieve intestinal ailments (cramping and spasms).
- White willow bark - relief of muscle cramps and spasms.
- Capsicum - stimulation of circulation to promote healing.
- Ginger helps prevent nausea and vomiting associated with motion sickness, postoperative nausea and seasickness. Its traditional use as a spasmolytic helps relieve digestive upsets/disturbances including flatulence, spasm indigestion and constipation.
- Ginger helps to relieve pain associated with menstruation and has traditionally been used to treat dysmenorrhea and ovarian neuralgia.