

EverFlex Tablets with Hyaluronic Acid, NPN 80032426

60 tablets, Joint Health Combination, Stock No. 948-8 (replaces #925-5)

Healthy joints are vital to overall health, especially as we age. Our bodies slow down the production of glucosamine as we get older. This problem is made worse by poor diet and overuse of joints (repetitive motion through sports or occupational activities).

EverFlex benefits the structural system and supports healthy joints. It offers the nutritional advantages of glucosamine, chondroitin, MSM and Hyaluronic Acid combined with devil's claw herb in one convenient tablet.

Did you know?

Studies suggest that glucosamine protects connective tissues and helps maintain the integrity and mobility of joints.

Glucosamine also helps lubricate joints by replenishing synovial fluid, which gives the body's joints their shock-absorbing qualities. Glucosamine is a factor in the building of healthy cartilage and protects against the deterioration of cartilage from chronic joint diseases.

Chondroitin sulfate attracts fluid and draws nutrients into the cartilage, making the cartilage more shock absorbent. It also promotes growth and normal tissue generation and keeps enzymes in balance.

Methylsulfonylmethane (MSM) is present in many fresh foods, but it is destroyed through cooking, processing and storage.

Supplementing with this nutrient ensures an adequate supply of sulfur. Sulfur is an important structural component of the connective tissue that joins muscle to bone. Preliminary clinical research suggests that MSM may reduce pain and swelling of osteoarthritis and improve joint function.⁴

Hyaluronic acid (or HA) is an important component of cartilage and synovial fluid; it occurs naturally throughout the body. This molecule plays a crucial role in joint motion, the maintenance of joint homeostasis and skin support. HA promotes the viscosity and elasticity of the fluid surrounding the joints.

EverFlex also contains devil's claw, an herb long used to help treat inflammation of the joints.

NSP Advantage

Unique joint health formulation to help relieve osteoarthritic symptoms and reduce joint pain. Helps in the formation of connective tissue and protects against the deterioration of cartilage from chronic joint diseases.

Ingredients: Medicinal Ingredients: Each tablet contains glucosamine hydrochloride (crab exoskeleton) 435 mg, methylsulfonylmethane (MSM) 420 mg, Devil's claw (*Harpagophytum procumbens*) secondary root tuber 50 mg and chondroitin sulfate (bovine cartilage) 30 mg.

EverFlex Tablets with Hyaluronic Acid, NPN 80032426

60 tablets, Joint Health Combination, Stock No. 948-8 (replaces #925-5)

Non-medicinal ingredients: microcrystalline cellulose, hydroxypropylcellulose, croscarmellose sodium (modified cellulose gum), stearic acid (vegetable source), hyaluronic acid, silicon dioxide, magnesium stearate (vegetable source).

NOTE: HA does have beneficial properties for joint health, but had to be declared as non-medicinal in order to keep the NPN the same as what was issued for the old EverFlex formula #925-5.

Recommendation (adult): Take two tablets twice daily with a meal. Avoid taking at bedtime. Use for a minimum of 1 month to see beneficial effects. Store in airtight container, protected from light.

Risk Information: Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consult a health care practitioner if symptoms worsen. Some people may experience mild gastrointestinal bloating, constipation or indigestion.

Some practitioners advise persons with diabetes who take glucosamine to monitor their blood glucose levels closely. Note that clinical studies indicate that glucosamine seems to be safe in people with Type 2 diabetes.^{1,2}

Consult a health care provider prior to use if you have shellfish allergies. Because glucosamine is sourced from crab shells, there is concern that glucosamine supplements might cause allergic reactions in people who are sensitive to shellfish. There are no documented reports of allergic reaction to glucosamine in shellfish-allergic patients. There is also some evidence that people with shellfish allergy can safely take glucosamine products.³

References:

1. Scroggie et al. The effect of glucosamine-chondroitin supplementation on glycosylated hemoglobin levels in patients with type 2 diabetes mellitus. Arch Intern Med 2003; 163:1587-90.
2. Yu et al. The effect of oral glucosamine sulfate on insulin sensitivity in human subjects. Diabetes Care 2003; 30:523-8.
3. Gray et al. Is glucosamine safe in patients with seafood allergy? (letter) J Allergy Clin Immunol 2004; 114:459-60
4. Usha, PR, Naidu, MUR. Randomised, double-blind, parallel, placebo-controlled study of oral glucosamine, methylsulfonylmethane and their combinations. Clin Drug Invest 2004; 24:353-63.

Features & Benefits

- EverFlex tablets combines the beneficial properties of five separate ingredients: glucosamine, MSM, chondroitin, hyaluronic acid and devil's claw.
- Helps to maintain healthy cartilage and joint health.
- Helps to relieve joint pain associated with osteoarthritis.
- Helps to relieve the pain associated with osteoarthritis of the knee.