

F.E. Formula

60 tablets, Herbal combination, Stock No. 81-4

During the six months to three years of the menopause cycle, you may feel some of the traditional symptoms of menopause, including hot flashes and sudden chills, lowered sexual desire, vaginal dryness, emotional upset, and sleeping problems.

F.E. Formula, a concentrated timed-release version of the trusted black cohosh herb, is a cool alternative to hot flashes. Do you have PMZ? PMZ stands for postmenopausal zest, a phrase coined by anthropologist Margaret Mead. She meant that women should seize this stage of life and live it to the fullest. No once-a-month cycle that used to slow you down.

And now, there's Flash-Ease, which spells freedom!

Did you know?

About 70 percent of women experience hot flashes and night sweats during menopause and about 26 percent of women seek medical help for the hot flashes, night sweats, and other symptoms of menopause.

NSP Advantage

60 tablets per bottle. Herbal Combination

Ingredients: 740 mg combination of the finest dong quai (*Angelica sinensis*) root extract, Black cohosh (*Cimicifuga racemosa*) root and rhizome extract. The black cohosh is standardized to contain a minimum of 2.5 percent total triterpene glycosides. Time-release technology, including our special coating process, ensures a consistent dose of triterpene for a full 10 hours, giving you all-day and all-night benefits.

Other ingredients: Maltodextrin, cellulose, stearic acid, dicalcium phosphate, magnesium stearate, silicon dioxide.

Recommendation: Take 1 or 2 capsules daily during a meal.

CAUTION: Pregnant and nursing women.

Features & Benefits

- Supports the mature woman's body as she encounters glandular imbalances and physical changes.
- Helps alleviate general pain and cramping pain in the reproductive organs.
- Helps "keep cool" by relieving hot flashes and other menopausal symptoms, PMS, and vaginal dryness.
- Regulates the female reproductive cycle.
- Increases blood flow, especially to the reproductive organs and the heart.
- Helps relax and relieve muscle spasm.
- Helps relieve rheumatic inflammation.
- Most women notice benefits within four to eight weeks of regular use.
- Black cohosh was traditionally used to help relieve menopausal symptoms and relax skeletal muscle and ease nervous tension. Black cohosh helps to relieve premenstrual symptoms.