# **Focus ATN**

### 90 Capsules, Herbal combination, Stock No. 1833-4

Pocus ATN provides nutrients that are essential for normal brain-stimulation levels while supporting blood circulation and neurotransmitters in the brain. Focus ATN contains Ginkgo biloba, DMAE (dimethylaminoethanol) and Melissa officinalis for normal brain stimulation. It encourages restful, balanced mental activity. For optimum utilization, take Focus ATN capsules with NSP's Super Oil or Flax Seed Oil softgels.

### Did you know?

Normally found in small amounts in our brains, DMAE (dimethylaminoethanol) has been shown to remarkably enhance brain function when used as a supplement in clinical studies. For instance, in a French doubleblind study, individuals were given 1200 mg/day of DMAE for five days and showed significant improvements in alertness and neuromotor control, with decreased anxiety. Studies also show a remarkable improvement in learning and behavior problems such as ADD. A study conducted by Dr. Carl Pfeiffer of Princeton, N.J. showed significant improvements in behavior, learning ability, and attention span with 108 boys and girls. Irritability was decreased, scholastic ability was improved and IQ was actually elevated in some cases. These same improvements

were seen with another study using 500 mg of DMAE on 74 children with learning and hyperactivity problems. Other adult studies on DMAE show a continual mild stimulation without side effects. Study participants have reported increased intelligence and physical energy.

#### NSP Advantage

90 capsules. Herbal combination.

This unique combination contains potent antioxidants which are utilized in the synthesis of neurotransmitters and has a positive effect on energy.

Ingredients: 495 mg combination of the finest slippery elm (*Ulmus fulva*) bark, L-glutamine, DMAE Bitartrate, Melissa balm (*Melissa officinalis*), cellulose, grape (*Vitis vinifera*) seed extract, Ginkgo (*Ginkgo biloba*) leaves concentrate, magnesium stearate, gelatin capsule (gelatin, water).

Recommendation: Over 12 years: Take 2 capsules with a meal twice daily. Age 6–11 years: Take 1 capsule with a meal twice daily. Age 3–6 years: Take 1 capsule with a meal once daily. Under age 3: Consult your health care professional.

**Caution:** Pregnant or lactating women or anyone taking prescription medication should consult a health care professional prior to use.

## **Features & Benefits**

- Stimulates normal brain function.
- Supports blood circulation and neurotransmitter production in the brain.
- Encourages restful, balanced mental activity.