# Ginkgo & Hawthorn

100 capsules, Herbal combination, Stock No. 909-3

Ginkgo biloba is widely known as the "smart herb" of our time and is the most widely prescribed herbal medication in Europe, often for problems related to poor circulation. Hawthorn is the best tonic for the heart and circulatory system. It nourishes the heart, assisting it to return to normal activity by either gently stimulating or depressing its activity as needed.

While ginkgo promotes circulation to the brain and the upper part of the body, hawthorn insures adequate circulation to the heart and the lower part of the body.

### Did you know?

Heart disease is the leading cause of death in Canada. Over 8 million Canadians have some form of heart disease, although many do not know it because they have no symptoms.

Cardiovascular disease is not an inevitable result of aging. Many preventative measures can be taken to avoid heart disease.
Controllable factors that can contribute to heart disease include smoking, high blood pressure, elevated serum cholesterol, stress, obesity, a sedentary lifestyle, and diabetes. You can alter your lifestyle to keep your heart healthy.

#### NSP Advantage

100 capsules. Herbal combination.

Ingredients: 425 mg of the finest Ginkgo biloba leaves and hawthorn (Crataegus oxyacanthoides) berries. Also contains olive (Oleo europa) leaf extract.

Contains naturally-occurring amounts of chromium, niacin, phosphorus, selenium and zinc.

*Recommendation:* Take one capsule with a meal three times daily.

#### Note:

- *Ginkgo biloba* is also available in Slow Release Ginkgo Extract.
- Hawthorn is also available as a single herb.

## **Features & Benefits**

• Herbal combination that supports the circulatory system.