

HS-C

100 capsules, Chinese Herbal combination, Stock No.1884-7

HS-C is a Chinese herbal combination which strengthens the circulatory and nervous systems, acting as a rejuvenative tonic for weakness and fatigue stemming from stress, emotional burnout, or chronic nervous conditions.

Nature's Sunshine's Chinese herbal combinations are based on 5,000 years of Chinese herbal tradition. Traditional Chinese medicine, including herbs, provides primary healthcare for more than one-third of the world's population.

Did you know?

The principle of strengthening the Fire Element is called Yang Xin, which means to nurture the Heart, (referring to the sense of heart we mean when we say “broken-hearted”).

The main concern is to assure normal mental functions. If the strengthening formulas for the Fire Constitution are not effective for treating insomnia or extreme fatigue, the formula for strengthening the Wood or Dryness

Constitutions should be tried in addition; sometimes the Constitutional nature of these symptoms is difficult to pinpoint.

A formula for strengthening the Fire Element is usually designed as a nutritive tonic for the Water, Earth, and Fire Elements because the Fire Element is strongly dependent on the energy of the Earth and Water Elements.

NSP Advantage

100 capsules. Chinese Herbal Combination.

Ingredients: 520 mg combination of the finest schizandra (*Schisandra chinensis*), Biota (*Biota orientalis*), Cistanche (*Cistanche salsa*), Cuscuta (*Cuscuta chinensis*), Lycium (*Lycium chinense* Mill.), Ophiopogon (*Ophiopogon japonicus*), Succinum (*Succinum*), Tang-kuei (*Angelica polymorpha*), Acorus (*Acorus gramineus*), Astragalus (*Astragalus membranaceus*), Dioscorea (*Dioscorea japonica*), Hoelen (*Poria cocos*), Ginseng (*Panax ginseng*), Lotus Seed (*Nelumbo nucifera*), Polygala (*Polygala tenuifolia*), Polygonum (*Polygonum bistorta*), Zizyphus (*Malpighia glabra*), and Rehmannia (*Rehmannia glutinosa*).

Recommendation: Take three capsules with a meal three times daily.

CAUTION: Pregnancy and nursing.

Features & Benefits

- Traditionally used for nervous exhaustion, heart palpitations, angina, pains, insomnia, depression, anxiety, irritability, decreased libido, weak digestion, frequent urination, back pains, anemia, and dry skin.
- The various herbs in this combination have been shown to:
 - Promotes circulation
 - Normalize blood pressure
 - Enhance digestion
 - Relieve depression
 - Enable the body to handle physical and emotional stress better.
 - Supplement deficient conditions