

# HVP

DIN 02231042, 100 capsules, Traditional Herbal sedative, Stock No. 940-8

**H**VVP is a natural sedative and tranquilizing formula containing Hops, Valerian, and Passion flower, which feeds the nervous system with many elements it needs for normal function.

HVP supports restful sleep and provides soothing and calming properties.

### *Did you know?*

HVP will not produce the typical "drugged" symptoms associated with pharmaceutical sedatives, and will only promote drowsiness in people who have trouble sleeping. HVP is particularly beneficial to individuals who awake repeatedly during the night due to nervous tension or an overactive mind.

### *NSP Advantage*

100 capsules. Herbal combination / Traditional Herbal Sedative.

*Ingredients:* 162 mg of valerian (*Valeriana officinalis*) root, 130 mg of passion flower (*Passiflora incarnata*) herb, and 98 mg of hops (*Humulus lupulus*) flower.

Other ingredients: none The herbs in this formula contain naturally-occurring amounts of calcium, niacin, potassium, selenium, vitamin C, and zinc.

*Recommendation:* Take one capsule three times daily with a meal.

## Features & Benefits

- Calms the body, and relaxes spasms particularly in the digestive and urinary systems.
- Promotes restful sleep.
- Valerian has traditionally been used as a sleep aid and as a mild sedative and sleep-promoting agent.
- Hops has traditionally been used as a sedative, and to relieve tension.
- May help reduce high blood pressure due to excitability.
- Increases the flow of urine.
- Traditionally used for anxiety, chemical dependency, hyperactivity, insomnia, epilepsy, muscle spasms, and nervous headaches.