

HY-C

100 capsules, Chinese Herbal combination, Stock No. 1885-0

HY-C contains a blend of Chinese herbs that help strengthen glandular function and normalize hormone imbalances often connected with improper metabolism and blood sugar regulation.

Nature's Sunshine's Chinese herbal combinations are based on 5,000 years of Chinese herbal tradition. Traditional Chinese medicine, including herbs, provides primary healthcare for more than one-third of the world's population.

Did you know?

When there is a heat syndrome in a person with a Weak Constitution, the usual cause is dryness of fluids. The therapeutic principle is Bu Yin, literally, to supplement the Yin which is the fluid portion of the body.

This Constitutional Type is often related to the weakened individual of the Water Constitution. The Dryness Constitution formulas basically treat deficiency of Yin, but are aided by Yang tonics and blood vitalizing agents, while the Water Constitution formulas basically treat deficiency of Yang, but are aided by Yin tonics and blood vitalizing agents.

NSP Advantage

100 capsules. Chinese herbal combination.

Ingredients: 465 mg combination of the finest ophiopogon (*Ophiopogon japonicus*) root, eucommia (*Eucommia ulmoides*) bark, rehmannia (*Rhemmania glutinosa*) root, inula (*Inula britanica*) flower, peuraria (*Peuraria lobata*) root, achyranthes (*Achyranthes aspera*) root, alisma (*Alisma plantago-aquatica*) rhizome, anemarrhena (*Anemarrhena asphodeloides*) rhizome, asparagus (*Asparagus officinalis*) root, hoelen (*Poria cocos*) plant, moutan (*Paeonia suffruticosa*) root, cornus (*Cornus officinalis*) fruit, licorice (*Glycyrrhiza uralensis*) root, phe lodendron (*Phellodendron amurense*) bark, and schizandra (*Schisandra chinensis*) fruit.

Recommendation: Take three capsules with a meal three times daily.

Features & Benefits

- Some of the herbs in this formula help normalize blood sugar levels, with the greater emphasis being on reducing blood sugar levels.
- Some of the herbs in this formula have been used to stimulate blood circulation and urine flow.
- Traditionally used for hypoglycemia, menstrual disorders, menopausal discomforts, dry coughs, thirst, night sweats, insomnia, diabetes, hypertension, constipation, sore throat, and urinary dysfunction.
- Traditional Chinese Medicine to supplement weakened conditions.