

K-C

100 capsules, Chinese Herbal combination, Stock No. 1872-5

K-C is a Chinese herbal combination designed to support the urinary and lymphatic systems.

This combination of 16 herbs focuses on the elimination and redistribution of moisture in the body. It lessens the effects of problems in the kidneys and the urinary tract. It also increases blood flow and cleanses the lymphatic system.

Chinese herbalists describe this herbal combination as a water-reducing formula.

Did you know?

The principal characteristics of imbalances within the individual with water constitution are downward draining of energy and weakness of the foundation or root. The term "water" is chosen for this constitutional type because "water tends to run downward."

The water carries the minerals, which nourish the bones and regulate metabolism. The lower body, which is affected by the water element, is in control of the sexual organs and the eliminating organs.²

NSP Advantage

100 capsules. Chinese herbal combination.

Ingredients: 470 mg combination of the finest hoelen (*Poria cocos*) plant, sileris root (*Ledebouriella Seseloides*) root, chaenomeles (*Chaenomeles lagenaria*) fruit, morus (*Morus alba*) root, alisma (*Alisma plantago-aquatica*) rhizome, areca (*Areca catechu*) seed, atractylodes (*Atractylodea lancea*) rhizome, magnolia (*Magnolia liliflora*) bark, polyporus (*Polyporus umbellae*) plant, semen plantago (*Plantago Asiatica*) seed, cinnamon (*Cinnamomum cassia*) twig, citrus (*Citrus reticulata*) peel, ginger (*Zingiber officinale*) rhizome, pinellia (*Pinellia ternata*) rhizome, and licorice (*Glycyrrhiza uralensis*) root.

Recommendation: Take four capsules with a meal three times daily.

1. Pedersen, Mark, Nutritional Herbology, Wendell W. Whitman Co., 1994, page 307.

2. Dharmananda, S. Your Nature, Your Health, Institute for Traditional Medicine & Preventative Care, 1986, pp. 33-34.

Features & Benefits

- Traditional formula to help eliminate water retention, especially in the chest and legs.
- May help soothe and moisten inflamed tissues.
- The herbs in this formula have traditionally been used to help alleviate numerous problems including urinary tract infection, joint pains, nephritis, colitis, edema, diarrhea, indigestion, scanty urine, arthritis, mastitis, bloating, hypertension, obesity, prostatitis, apathy, dizziness, and fatigue. ¹
- Relieves excess conditions.