

K (Formula K)

DIN 02238958, 100 capsules, Traditional Herbal diuretic, Stock No. 959-5

In this formula the letter K stands for Kidneys, but K is also the symbol of the chemical element known as Potassium.

The herbs in Formula K are a good source of organic potassium and sodium. Potassium and sodium help regulate water balance within the body, potassium working inside the cells, sodium working just outside the cells.

Formula K nutritionally supports the urinary system, and is commonly used in conjunction with vitamin A, hydrangea, marshmallow, lobelia, zinc, potassium, fruit juices, water-melon seed, celery seed and watercress.

Did you know?

The basic functional unit of the kidneys is the nephron. In our youth, each of us has about one million nephrons in each kidney, but the number of nephron cells decreases with age, until we have about 250,000 at the age of seventy.

The kidneys are essential organs, although we can survive with only one kidney.

NSP Advantage

100 capsules. Traditional herbal diuretic.

Ingredients: 415 mg combination of the finest parsley (*Petroselinum crispum*) root, juniper (*Juniperus communis*) berries, uva ursi (*Arctostaphylos uva-ursi*) leaf, dandelion (*Taraxacum officinale*) root, maltodextrin. Herbal source of iron, manganese, potassium, sodium, vitamin A and riboflavin.

Recommendation: Take 4 capsules with a meal three times daily.

Features & Benefits

- Traditional Herbal Diuretic to increase the flow of urine.
- May help treat water retention.
- Stimulates the kidneys to eliminate poisonous body wastes.
- May help with weight management in those with excessive water retention.