# LB Extract

### DIN 02237546, 59 mL, Liquid herbal extract, Stock No. 1794-1

B Extract is a liquid herbal laxative formula; ideal for children or adults who are unable to swallow capsules or tablets.

LB Extract helps promote the elimination and detoxification functions of the body by increasing the flow of bile and other digestive fluids, which stimulate peristaltic action in the colon.

#### Did you know?

LB extract can be rubbed onto a child's abdominal area where it will be absorbed into the body through the skin with the same benefits as if taken orally

#### NSP Advantage

59 mL. Liquid herbal extract. Traditional Herbal Laxative.

Ingredients: LB Extract is a Water-Alcohol Extract of an herbal mixture containing: Cascara Sagrada Bark (*Rhamnus purshiana*), Senna Leaves (*Cassia senna*), Buckthorn

Bark (Rhamnus frangula), Alfalfa herb (Medicago sativa), Psyllium Hulls (Plantago psyllium), Licorice Root (Glycyrrhiza glabra), Rhubarb Root (Rheum officinale), Barberry Bark (Berberis vulgaris), Ginger Root (Zingiber officinale), Slippery Elm Bark (Ulmus fulva). Solvents are removed under vacuum. Extract is diluted in water and 15% alcohol to a concentration of 1:1. The extract is set at a ratio of 1000 mg of the herbal combination to 1 ml of extract.

The herbs in this formula contain naturally occurring amounts of fibre, calcium, magnesium, vitamins A and C.

Recommendation: Take orally with a full glass of water or juice daily. Adults: 1 teaspoon (5 mL). Children: 6-12 yrs: 1/2 teaspoon (2.5 mL). Children 1-6 yrs: 1/4 teaspoon (1.25 mL).

**CAUTION:** Use only as directed. This product is not a beverage.

## **Features & Benefits**

- Traditional Herbal Laxative formula.
- Increases peristaltic action in the large intestine.
- Decreases abdominal cramping. Ginger helps relieve digestive upsets/disturbances including flatulence, spasm indigestion and constipation.
- Increases the flow of bile.
- May help reduce gas and pain in the bowel by neutralizing acids and toxins in the digestive system.
- Helps with constipation, jaundice, liver imbalances, and poor digestion.