

# LIV-Gd

DIN 02122642, 50 tablets, Herbal combination, Stock No. 4015-8

**L**IV-Gd with milk thistle is a powerful cleansing and building formula designed to help restore healthy liver performance.

LIV-Gd provides nutrients which help the liver perform over 500 functions. The liver is one of the body's main detoxifying organs.

## *Did you know?*

Milk thistle contains a flavonoid called silymarin, which has been shown to have a direct effect on liver cells. Also known as vitamin P, flavonoids are substances found in plants that often work in conjunction with vitamin C, and offer many other health benefits.

European studies show that milk thistle enhances overall liver function, as well as stimulating the production of new liver cells. It also boosts the levels of glutathione, the powerful antioxidant that is found in highest concentration in the liver.<sup>1</sup>

## *NSP Advantage*

50 tablets. Herbal Combination. Contains standardized silymarin.

*Ingredients:* 10,000 IU of beta carotene (provitamin A), 240 mg of vitamin C, and 5 mg of iron (ferrous gluconate). Also contains Lipotropic factors: 60 mg of choline (bitartrate) and 60 mg of inositol.

*Non-medicinal Ingredients:* Milk thistle (*Silybum marianum*) seed concentrate (standardized to 80% silymarin), dandelion (*Taraxacum officinale*) root, cellulose, maltodextrin, magnesium stearate, silicon dioxide.

*Recommendation:* Take one tablet three times Daily with a meal.

**CAUTION:** This bottle contains enough iron to seriously harm a child. Keep out of reach of children.

1. Mindell, Earl, *Earl Mindell's New Herb Bible*, Fireside, 2000, page 117.

## Features & Benefits

- Contains herbs that help enhance liver function and aid the liver in its normal regenerative processes.
- Protects the liver against the damage caused by free radicals and pollutants.
- Dandelion root has traditionally been used to increase the production of bile for breakdown of fats. It also increases bile solubility, which may help to prevent or alleviate gallstones.
- Silymarin, the active component in milk thistle seed, has been shown to provide liver protection against one the most virulent liver toxins known, the death cap mushroom (*Amanita phalloides*).
- Silymarin has also been shown in scientific studies to be useful in the treatment of hepatitis and cirrhosis of the liver.