

# LIV-J

100 capsules, Herbal combination, Stock No. 1011-4

**L** IV-J is considered a general liver tonic.

This herbal combination has been formulated with bitter herbs, which support the digestive system organs, particularly the gallbladder, liver and stomach.

## *Did you know?*

The liver cleanses the body of all poisons that infiltrate it daily, including fat, cholesterol, alcohol, drugs, artificial colours, flavours, and preservatives, airborne pollutants, and poisons in the water and food.

While the liver's ability to deal with these toxins is extraordinary, once the limits of its function are exceeded, these toxins accumulate in the organ and cause disease. However, the liver has the remarkable ability to regenerate itself. Up to two-thirds of the liver can be impaired, yet the organ can fully restore itself under the right conditions.

## *NSP Advantage*

100 capsules. Herbal combination.

*Ingredients:* 440 mg combination of the finest rose hips (*Rosa canina*), Oregon grape (*Berberis vulgaris*) root, dandelion (*Taraxacum officinale*) root, fennel (*Foeniculum vulgare*) seeds, red beet (*Beta vulgaris*) root, horseradish (*Armoracia rusticana*) root, and parsley (*Petroselinum crispum*) herb.

The herbs in this formula contain naturally-occurring amounts of chromium, iron, magnesium, potassium, silicon, sodium, and vitamin A.

*Recommendation:* Take two to four capsules daily with each meal and before bedtime.

## Features & Benefits

- Improves healthy liver function.
- Strengthens the digestive system organs, particularly the gallbladder, liver and stomach.
- Stimulates the production of bile.
- Dandelion root has traditionally been used to stimulate appetite and to increase bile flow.
- Increases urine flow to expel toxins from the body via the kidneys.
- Horseradish has been traditionally used as a digestive stimulant to promote stomach secretions, and as a diuretic to promote urinary secretions.
- Relieves muscle spasms and pain.
- Traditionally used to treat liver congestion, gallstones, hepatitis, edema, congested lymphatic glands, kidney stones, and lumbago.