LYM-Mx

DIN 02121980, 100 Capsules, Vitamin, Mineral/Herbal combination Stock No. 4036-0

YM-Mx is designed to provide nutrients essential for optimum lymphatic system function.

Since a healthy lymph system is closely tied to healthy immune function, many of the herbs in LYM-Mx, such as Echinacea, parthenium and yarrow, are also known to be immune system stimulants.

Did you know?

The lymphatic system is a series of vessels whose job it is to return inter- and intra-cellular fluid back to the bloodstream from where it came.

It is through the lymphatic drainage of the cells, tissues and organs that cleansing largely occurs. The proper flow of the lymphatic system is vital to the body function and must be considered when approaching the body from a holistic point of view.

NSP Advantage

100 capsules. Vitamin, mineral and herbal combination.

Ingredients: 1250 IU of beta carotene (provitamin A), 50 mg of vitamin C (ascorbic acid), 2.5 mg of vitamin B6 (pyridoxine HCl), 100 IU of vitamin D3, 12.5 mg of magnesium (magnesium oxide).

Non-medicinal Ingredients: Cliver's (*Galium aparine*) herb, alfalfa (*Medicago sativa*) herb, chamomile (*Matricaria recutita*) flowers, Echinacea purpurea root, Parthenium integrifolium root, Siberian ginseng (*Eleutherococcus senticosus*) root, yarrow (*Achillea millefolium*) flowers, lecithin, garlic (*Allium sativum*) bulb, sodium copper chlorophyllin and CoQ10 (coenzyme Q10). *Recommendation:* Take two capsules with breakfast and two capsules with lunch daily.

CAUTION: Do not consume Yarrow during pregnancy or while nursing.

Features & Benefits

- Contains herbs traditionally used to maintain lymphatic flow and help cleanse lymph vessels throughout the body.
- Cliver's herb has traditionally been used to tone the lymphatic system.
- Chamomile supports the immune system by helping fight bacterial and fungal infections.
- Echinacea, parthenium and garlic all support or stimulate the immune system. cleanses the blood and lymph.
- Echinacea purpurea has been used traditionally to fight off colds, flus and infections, especially of the respiratory tract.
- Parthenium stimulates the immune system.
- Siberian ginseng stimulates circulatory and immune functions.
- Yarrow promotes the removal of body toxins via transpiration.
- Garlic enhances immune function, and fights infection. It also helps treat bacterial and fungal infections, and helps maintain cardiovascular health.
- Sodium copper chlorophyllin (Chlorophyll) and alfalfa assist in cellular detoxification negates the harmful effects of radiation, toxins and many carcinogens.