

# MASTER G Formula

DIN 02240634, 120 capsules, Vitamin/Mineral/Herbal combination, Stock No. 2874-6

**M**ASTER G Formula is designed to nourish the entire glandular system and promote healthy functioning.

MASTER G Formula contains essential vitamins and minerals, combined with specific herbs which are rich in easily-absorbed trace minerals, to supply the glands with nutrients essential for optimum health.

## *Did you know?*

If you've been struggling to lose weight on a low-calorie diet, consider this tip: eat more. Yes, in order to lose weight, you must feed your metabolism. The key is to choose high-fibre, low-calorie foods instead of high-calorie foods loaded with fats and sugars. These healthy foods can help you achieve long-term results. What are high-fibre, low-calorie foods? Vegetables, legumes (beans), most fruits, and whole grains.

Diets do not work if the focus is on restricting food intake rather than on enhancing metabolism. If you need to get your weight under control, then your first step should be tuning up your metabolism.<sup>1</sup>

## *NSP Advantage*

120 capsules per bottle.

Vitamin, mineral and herbal supplement.

*Ingredients:* Each capsule provides 30 mg of vitamin C, 12 mg of pantothenic acid (calcium pantothenate), 7 IU of vitamin E (d-alpha tocopheryl acetate), 0.5 mg of manganese (H.V.P.\* chelate), 10 mg of potassium, and 3 mg of zinc (gluconate).

*Non-medicinal Ingredients:* Parsley (*Petroselinum crispum*) leaf, licorice (*Glycyrrhiza glabra*) root, alfalfa (*Medicago sativa* L.) herb, asparagus (*Asparagus officinalis*) stem, black walnut (*Juglans nigra*) hulls, kelp (*Phaeophyta div.*) plant powder, parthenium (*Parthenium integrifolium* L.) root, thyme (*Thymus vulgaris*) herb, dandelion (*Taraxacum officinale*) root, lemon bioflavonoids, Siberian ginseng (*Eleutherococcus senticosus*) root, schizandra (*Schisandra chinensis*) fruit, marshmallow (*Althea officinalis*) root, uva ursi (*Arctostaphylos uva-ursi*) leaf, lecithin, beta-carotene, and silicon dioxide.

*Recommendation:* (Adult dose) Take two capsules twice daily.

\*H.V.P. Hydrolyzed vegetable protein.

1. Murray, Micheal, *Dr. Murray's Total Body Tune-Up*, Bantam, 2000, pages 106-7.

## Features & Benefits

- Contains herbs and micronutrients that nourish the entire glandular system.
- Thyme has traditionally been used as a sedative, an antiseptic, an antipyretic (fever reducer) and as an expectorant.
- Helps the glandular system to function normally. Some of the functions of the glandular system are the production of hormones, coping with and recovering from stress, monitoring metabolic rate, and releasing energy.
- Promotes proper homeostatic function, reducing overactivity and increasing underactivity.
- A properly nourished glandular system may result in an increased metabolic rate, which would aid in weight loss efforts.
- Proper nourishment of the glandular system may help treat swollen glands.
- Dandelion has traditionally been used to stimulate appetite and to increase bile flow.
- Helps the whole body heal and balance where appropriate.