

Pantothenic Acid (Vitamin B5)

DIN 02237623, 100 capsules, Vitamin supplement, Stock No. 1640-2

Known as "the antistress vitamin," pantothenic acid, a part of the vitamin B complex, occurs in all living cells. It is synthesized in the body by the bacterial flora of the intestines. Deficiencies may occur when the body lacks the intestinal flora needed to synthesize pantothenic acid.

Symptoms of deficiency may include vomiting, restlessness, abdominal pain, burning feet, muscle cramps, sensitivity to insulin, decreased antibody formation, and upper respiratory infections. A deficiency may lead to skin disorders, adrenal exhaustion, and low blood sugar.

Did you know?

Because the brain contains one of the highest concentrations of pantothenic acid, mental symptoms such as insomnia, fatigue, and depression can be the result of a deficiency.

NSP Advantage

100 capsules Vitamin Supplement.

Ingredients: 250 mg of pantothenic acid (as D-calcium Pantothenate), dicalcium phosphate, cellulose, magnesium stearate.

Equivalent to 3,570% of Canada's Recommended Daily Intake for persons two years of age or older.

Recommendation: Take one capsule daily with a meal. For best results, take with Vitamin B Complex.

Features & Benefits

- May help support the adrenal glands to reinforce our defenses against stress.
- May help treat insomnia, depression and anxiety.
- Helps convert fats, carbohydrates and proteins into energy. Better conversion of food into energy may help enhance athletic ability and stamina.
- Pantothenic acid has been studied for its cholesterol- and triglyceride-lowering properties.
- May help build antibodies for fighting infection.