

Papaya Mint

70 Chewable Tablets, Herbal combination, Stock No. 485-6

Papaya Mint chewable tablets function not only as refreshing dinner mints, but as digestive stimulants as well. Papaya Mints can be taken before or during a meal to facilitate digestion and relieve indigestion. Papaya Mints can also be taken after a meal to freshen breath, as well as to aid digestion.

Did you know?

Papaya is quite similar to pepsin—a digestive enzyme produced by the body—and is often referred to as "vegetable pepsin." Papaya also contains carpaine, a substance that has been shown to provide anti-tumour activity. Studies show that papaya reduces the development of ulcers stemming from high aspirin or steroid use.

The volatile oil in peppermint is strongly antibacterial and is known to inhibit and kill numerous microorganisms responsible for severe digestive problems, including *Candida albicans*, Herpes simplex, Influenza A viruses, *Staphylococcus aureus*, *Streptococcus pyrogenes*, and more.

NSP Advantage

70 chewable tablets. Herbal combination.

Ingredients: Crystalline sorbitol, papaya (*Carica papaya*) fruit, fructose, stearic acid, peppermint (*Mentha piperita*) leaves, silicon dioxide, peppermint (*Mentha piperita*) oil.

Recommendation: Chew two tablets one-half hour before each meal. May also be used as a between-meal breath freshener.

Features & Benefits

- Facilitates digestion.
- Freshens breath.
- Papaya is the source of an enzyme called papain, which breaks down protein and assists in the digestion of fats and carbohydrates.
- Peppermint promotes the production of digestive fluids and bile.
- Peppermint has traditionally been used as a digestive aid and for symptomatic treatment of digestive disorders. Traditionally used for the relief of flatulence and/or bloating due to excess gas production.
- Helps relieve indigestion, bad breath, bloating, colic, flatulence, and loss of appetite, gastric ulcers, and nausea.