

Para Pak

A ten-day intestinal cleansing program containing 20 packets of 6 capsules each (120 capsules). Stock No. 4021-5

Para Pak is a cleansing program designed with herbs known to help eliminate parasites from the body.

While using the pak, it is suggested that fresh fruits and vegetables (especially leafy green vegetables) and whole grains be used abundantly in the diet. Avoid red meats, coffee, alcohol, sugary and fried foods. You may wait 10 days and repeat the program as needed.

Did you know?

Tiao He Pak is recommended to be taken before Para Pak in order to clear out old, hardened fecal matter. This accumulated waste makes the perfect breeding ground for parasites. Removing such waste material allows Para Pak to be used with better results. Furthermore, some herbalists recommend taking a second Para Pak 10 days after finishing the first cleanse. This allows time for any parasitic larvae to hatch and be destroyed during the second cleanse. All family members may want to participate in the cleanse as parasites are often "shared."

NSP Advantage

A ten-day nutritional program containing 20 packets of 6 capsules each (120 capsules).

Ingredients: Two 490 mg capsules of Herbal Pumpkin [Ingredients: Pumpkin (*Cucurbita pepo*) seeds, black walnut (*Juglans nigra*) hulls, Turkey rhubarb (*Rheum officinale*) root, violet (*Viola odorata*) leaves, chamomile (*Matricaria recutita*) flowers, mullein (*Verbascum thapsis*) leaves, marshmallow (*Althea officinalis*) root, and slippery elm (*Ulmus fulva*) bark];

Two 300 mg capsules of Caprylic Acid [Ingredients: Caprylic acid, elecampane (*Inula helenium*) root, black walnut (*Juglans nigra*) hulls, and red raspberry (*Rubus idaeus* L.) leaves];

Two 450 mg capsules of Elecampane [Ingredients: elecampane (*Inula helenium*) bark, spearmint (*Mentha spicata*) leaf, turmeric (*Curcuma longa*) root, garlic (*Allium sativum*) bulb, ginger (*Zingiber officinale*) root, and clove (*Syzygium aromaticum*) bud].

Recommendation: Take the contents of one packet (6 capsules) 15 minutes before breakfast and 15 minutes before dinner each day for 10 days. Drink at least 250 mL (1 full glass) of water with the capsules.

Features & Benefits

- Contains herbs known to destroy and expel a variety of intestinal parasites and worms.
- May help absorb toxins from the bowel.
- The herbs in Herbal Pumpkin have been traditionally used for appetite disorders, food cravings, inflammatory bowel conditions, irregular bowel movements, parasites, stomach aches, swollen abdomens, worms, and yeast infections.
- Black walnut has been used to eliminate parasites and worms from the intestinal tract.
- Caprylic Acid Combination helps control candida overgrowth through its destructive action on yeast cell walls, maintains the balance of intestinal flora and fights harmful bacteria and fungi.
- Elecampane is the only NSP "parasite" formula that includes Clove herb. Clove has been recommended by some health care professionals as a valuable component in parasitic cleanses.