

POTAS

100 capsules, Herbal combination, Stock No. 4978-9

Potas is an herbal source of potassium, the main mineral found in the intracellular fluid of humans.

Potas, which contains kelp plant, dulse plant, alfalfa herb, horseradish root, white cabbage leaf, and thyme herb, assists in moving substances such as nutrients and waste through the cell walls.

Did you know?

Potassium is responsible for muscle control, iron balance in the tissues and acid/alkaline balance in the body. Potassium is essential for biological energy production, muscle contraction, nerve conduction, normal heartbeat, and the manufacturing of nucleic acid and proteins, the "building blocks" of life.

NSP Advantage

100 capsules. Herbal combination.

Ingredients: 500 mg combination of the finest Icelandic kelp (*Ascophyllum nodosum*) plant, potassium citrate, dulse (*Rhodomenia palmata*) plant, alfalfa (*Medicago sativa*) herb, horseradish (*Armoracia rusticana*) root, white cabbage (*Brassica oleracea*) leaf, and thyme (*Thymus vulgaris*) herb. 42 mg of elemental potassium per capsule.

The herbs in this combination contain naturally-occurring amounts of calcium, magnesium, potassium, sodium, and vitamins A and C.

Recommendation: Take two capsules daily with a meal.

Features & Benefits

- Facilitates the absorption and utilization of potassium.
- Potassium regulates the body's water balance and normalizes heart rhythms.
- Potassium helps reduce blood pressure.
- May help treat disorders of the genitourinary tract, including kidney, bladder, prostate, and uterine problems.