

Slippery Elm

100 capsules, Single herb, Stock No. 670-7

Slippery Elm grows widely throughout North America. The bark contains a mucilage that makes a slippery substance when combined with water. This mucilage is very soothing to the mucous membranes of the digestive and intestinal systems. Slippery elm is also rich in nutrients and easy to digest, making it an excellent food during times of digestive discomfort.

Since slippery elm contains up to 50% mucilage, it is an ideal topical application for burns, skin eruptions and wounds.

Did you know?

The bark of the slippery elm can be made into a gruel. In times of famine, early American settlers used it as a survival food; George Washington and his troops survived for several days on slippery elm gruel during the bitter winter at Valley Forge.

No food or drug of today comes close to matching the place of honor slippery elm held in the 18th and 19th century America. Great elm forests covered the East, and even in cities, the versatile bark was always close at hand.

NSP Advantage

100 capsules. Single herb.

Ingredients: 360 mg of the finest slippery elm (*Ulmus fulva*) bark, magnesium stearate, silicon dioxide.

Slippery elm contains naturally-occurring amounts of calcium, niacin, riboflavin, and thiamine.

Recommendation: Take two capsules with a meal twice daily.

Features & Benefits

- Provides soothing and coating to mucous membranes, especially the throat and esophagus.
- Soothes inflamed mucous membranes of the bowels, stomach, and urinary tract.
- Reduces inflammation and irritation.
- May help relieve pain of gastric ulcers.
- Traditionally used for acidity, colds, flu, sore throat, coughs, diarrhea, weak digestion, ulcers, irritable bowel syndrome, colitis, and Crohn's disease.