

SN-X

100 capsules, Herbal combination, Stock No. 1247-8

SN-X is an herbal decongestant and expectorant. It does not cause drowsiness like many over-the-counter decongestants.

Fructus aurantia immaturi, the key ingredient in this formula, is commonly used in traditional Chinese medicine as an expectorant for eliminating phlegm and relieving congestion. Furthermore, it contains the active constituent synephrine, which increases circulation to the head, shrinks swollen tissues, and dilates respiratory passages for normal breathing.

Did you know?

One of the most common healthcare complaints in North America, sinusitis affects as much as 50 million North Americans a year. Some researchers estimate that as much as 14 percent of the population suffers chronic (long-term) sinusitis.

One of the axioms of Chinese medicine is that a symptom in the upper body is usually caused by an imbalance in the lower part, and vice versa. In the case of any sinus problem, including sinusitis, the problem has its origin in the intestines, which are blocked and unable to fully eliminate waste. An overly acidic diet causes the spleen to become imbalanced and swollen, which causes sinus to

become inflamed. The solution to sinusitis — and all sinus problems for that matter — is to support the function of the large intestine and spleen with a diet rich in fiber, vegetables, and alkalizing foods.

NSP Advantage

100 capsules. Herbal combination.

Ingredients: 491 mg combination of the finest Fructus aurantia immaturi (immature bitter orange) (*Citrus aurantium*), burdock (*Arctium lappa*) root, parsley (*Petroselinum crispum*) leaves, horehound (*Marrubium vulgare*) herb, Siberian ginseng (*Eleutherococcus senticosus*) root, marshmallow (*Althea officinalis*) root, golden seal (*Hydrastis canadensis*) root, capsicum (*Capsicum annuum*) fruit, yerba santa (*Eriodictyon californicum*) leaves, cellulose, magnesium stearate.

Recommendation: Take two capsules with a meal three times daily.

CAUTION: Pregnancy & Nursing.

Features & Benefits

- May help clear sinus congestion and expel excess mucous.
- May help to soothe lung and sinus inflammation and fight infection.
- The herbs in this formula have been used traditionally to help treat allergies, asthma, bronchitis, colds, coughs, pleurisy, sinus headache, sinus infection, sinusitis, and sore throat.
- May help lower fever.
- Relaxes muscle spasms to control coughing.