

Stress Formula

DIN 00656593, 100 Tablets, Vitamin/herbal combination, Stock No. 1645-6

In times of stress, the body uses more of certain nutrients, especially the B-complex family and vitamin C. Because these nutrients are water-soluble, they are easily eliminated and must be replenished on a regular basis.

Stress Formula contains nervine herbs (hops, passion flower and valerian), that help support the nervous system while they promote relaxation. The formula also contains schizandra, an adaptogenic herb.

Did you know?

Stress can either be acute or long-term. Long-term stress is particularly dangerous. A state of continual stress eventually wears out the body. Because of its effect on immune response, stress increases susceptibility to illness and slows healing.

NSP Advantage

100 tablets. Vitamin and herbal supplement.

Ingredients: 20 mg of vitamin B1 (thiamin mononitrate), 20 mg of vitamin B2 (riboflavin), 20 mg of vitamin B6 (pyridoxine hydrochloride), 33 mcg of vitamin B12 (cyanocobalamin), 400 mg of vitamin C (ascorbic acid) 100 mcg of biotin, 0.133 mg of folic acid, 40 mg of niacinamide, and 80 mg of pantothenic acid in an inactive base consisting of schizandra (*Schisandra chinensis*) fruit, choline bitartrate, para-aminobenzoic acid (PABA), inositol powder, and concentrated extracts of hops (*Humulus lupulus*) flowers, passion flower (*Passiflora incarnate*) herb, and valerian (*Valeriana officinalis*) root. Yeast free formula.

Other ingredients: dicalcium phosphate, cellulose, stearic acid, wheat germ flour, silicon dioxide, magnesium stearate, lemon bioflavonoid.

Recommendation: Take two tablets daily with a meal.

Features & Benefits

- Vitamin B Complex and vitamin C supplement.
- Valerian has traditionally been used as a sleep aid and as a mild sedative and sleep-promoting agent.
- Hops has traditionally been used as a sedative, and to relieve tension. • Provides nutrients needed by the nervous system and the adrenal glands.