

SynerPro Super Vitamins & Minerals

DIN 02227819, 60 Tablets, Vitamin/Mineral supplement, Stock No. 4057-9

Syner is short for Synergy, and that's what the dynamic SynerPro vitamin/herb/ mineral line is all about. Pro is short for

Protectors, a natural herbal food base consisting of dehydrated broccoli and other cruciferous vegetables, turmeric, rosemary, carrot, tomato and citrus, all of which are known to protect the body from the damages of free radicals.

SynerPro Super Vitamins & Minerals provide 100% of the RNIs for 10 of the 24 vitamins and minerals in this supplement, combined with the SynerPro Protectors.

Balanced nutrients are often in short supply during special periods of physical stress or convalescence, or in a diet consisting of mostly processed foods.

Did you know?

Many studies have confirmed that better health and lower instances of cancer occur in individuals who maintain a healthy diet and an intake of multi-vitamin and mineral supplements. Dr. Wrbe, head of the Cancer Research Institute at the University of Vienna, asserts that dietary supplements can reduce the risk of cancer by 50%.

NSP Advantage

60 tablets. Vitamin and mineral supplement with SynerPro Protectors blend of cruciferous vegetables.

Ingredients: 2500 IU of provitamin A, 1.5 mg of vitamin B1, 1.7 mg vitamin B2, 105 mg of calcium, 15 mg of niacin, 10 mg of pantothenic acid, 2 mg of vitamin B6, 6 mcg of vitamin B12, 90 mg of vitamin C, 200 IU of vitamin D3, 30 IU of vitamin E, 0.2 mg of folic acid, 150 mcg of biotin, 1 mg of copper, 7.5 mg of iron, 7.5 mg of zinc, 75 mcg of iodine, 25 mcg of selenium, 50 mg of magnesium, 85 mg of phosphorus, 50 mcg of chromium, 25 mg of potassium, 0.5 mg of manganese, 25 mcg of molybdenum in a specially formulated SynerPro concentrate of broccoli (*Brassica oleracea* var. *italica*) flowers, carrot (*Daucus carota*) root, red beet (*Beta vulgaris*) root, rosemary (*Rosmarinus officinalis*) leaves, tomato (*Solanum lycopersicum*) fruit, turmeric (*Curcuma longa*) root, cabbage (*Brassica oleracea capitata*) leaves, Chinese cabbage (*Brassica rapa*) leaves, grapefruit (*Citrus paradisi*) and orange (*Citrus sinensis*) bioflavonoids, and hesperidin. Other ingredients: dicalcium phosphate, microcrystalline cellulose, stearic acid, silicon dioxide, magnesium stearate. Contains no artificial colouring, flavouring,

Recommendation: Take one tablet with a meal twice daily.

Features & Benefits

- Multi Vitamin and Mineral supplement that provides broad spectrum nutritional support to the body and helps augment any diet for normal body maintenance and repair.
- Prevents nutritional deficiencies.
- Good nutrition helps in periods of physical stress or convalescence.
- Good nutrition can also increase energy levels and endurance, energize and regulate metabolism, and keep the body tuned up and functioning at high performance.
- Antioxidant vitamins and minerals (vitamin A, C, E, selenium) can help prevent free radical damage linked to heart disease, cancer, arthritis, cataracts, and even premature aging.
- Studies have indicated daily supplementation

with a broad-spectrum multivitamin/mineral can result in a stronger immune system.

- Calcium and phosphorus are factors in the maintenance of bones and teeth, especially in infancy and childhood.
- Magnesium, phosphorus and vitamin D are essential to the proper utilization of calcium.
- Vitamin D is a factor in the normal development of bones and teeth.
- Vitamin C is a factor in the maintenance of good health.
- Vitamin C is a factor in the normal development and maintenance of bones, cartilage, teeth and gums.