

Sunshine Heroes Multiple Vitamins Plus Iron

NPN 00520969, 100 chewable tablets, Children's dietary supplement, Stock No. 1722-9

Coeliac alert: This product contains gluten (wheat germ flour).

Nature's Sunshine Heroes products have been designed especially for children.

Getting your kids to eat their veggies might be a struggle, but you'll never have to beg them to take their Multiple Vitamins plus Iron. Not only do they taste good, but they contain vitamins plus iron that children need to grow strong, healthy bones.

Sunshine Heroes Multiple Vitamins plus Iron is free of any artificial colours, flavours, sweeteners, starches or preservatives.

Did you know?

Most authorities would agree that children eating the typical Western diet are likely to encounter vitamin and mineral deficiencies at some point in their lives. Pediatricians recommend regular, well-balanced meals with lots of fresh, whole foods, and a daily multiple vitamin and mineral supplement for children who are picky eaters; children with high activity levels; children who eat a lot of fast food and processed foods; and children who eat vegetarian, dairy-free or other restricted diets. A multiple vitamin and mineral supplement is also recommended for children who may drink a lot of carbonated sodas, which can leach nutrients from the body.

NSP Advantage

The Sunshine Heroes line does not contain any artificial colours, flavours, sweeteners, starches or preservatives.

Ingredients: Active Ingredients: Each tablet contains: 2500 IU of vitamin A, 200 IU of vitamin D3, 15 IU of vitamin E, 60 mg of vitamin C, 1 mg of vitamin B1, 1.5 mg of vitamin B2, 1.5 mg of vitamin B6, 10 mg of niacinamide, 7.5 mcg of vitamin B12, 0.2 mg of folic acid, 0.15 mg of biotin, 5 mg of pantothenic acid, and 2.5 mg of iron. Non-medicinal ingredients: sorbitol, fructose, mannitol, magnesium stearate (vegetable source), choline, inositol, wheat germ flour, rose hips concentrate, natural flavour, kelp, myrrh gum and silicon dioxide.

Recommendation: Children under six take 1 tablet once daily with a meal. Children over six take 2 tablets once daily with a meal. Take a few hours before or after taking other medications.

Risk Information: This bottle contains enough iron to seriously harm a child. **KEEP OUT OF REACH OF CHILDREN.** Contains gluten.

Features & Benefits

- Multi-vitamin/mineral supplement. A factor in the maintenance of good health.
- Provides 12 essential vitamins, an important mineral, herbs and antioxidants.
- Promotes proper growth and development.
- Helps prevent deficiency disease.
- Vitamin C is a factor in the maintenance of good health.
- Vitamin C is a factor in the normal development and maintenance of bones, cartilage, teeth and gums.
- Vitamin D is essential to the proper utilization of calcium.
- Vitamin D is a factor in the normal development of bones and teeth.
- Iron is a factor in the maintenance of good health and a factor in the prevention of iron deficiency.
- Thiamine, riboflavin and niacin are all factors in the maintenance of good health.