

Three

100 capsules, Herbal combination, Stock No. 980-5

Three is a general herbal nutritional supplement — an all-herbal multi-vitamin/mineral if you will — designed to enhance digestion and absorption of nutrients and support the body's detoxifying and eliminative processes.

This formula contains kelp, dandelion, and alfalfa; three of the most nutritive herbs Mother Nature have to offer. Three is beneficial during pregnancy and breast-feeding or convalescence.

Did you know?

Nutritive herbs such as kelp, dandelion and alfalfa are well known for their wealth of nutrients. Moreover, dandelion and alfalfa are diuretic herbs, meaning they help with weight loss by promoting the elimination of excess body liquids, among other things. They also help tone the loose skin following weight loss. As for kelp, it promotes better fat burning by increasing the metabolic rate.

NSP Advantage

100 capsules. Herbal combination.

Ingredients: 510 mg combination of the finest kelp (*Phaeophyta div.*) powder, dandelion (*Taraxacum officinale*) root, and alfalfa (*Medicago sativa*) herb.

The herbs in this formula contain naturally-occurring amounts of protein, vitamins, minerals, and trace minerals, especially manganese and vitamin A.

Recommendation: Take one or two capsules with a meal daily.

Features & Benefits

- Dandelion root has traditionally been used to stimulate appetite and to increase bile flow.
- May help to promote better circulation.
- May help reduce inflammation.
- Strengthens the urinary function.
- Stimulates the production of digestive fluids.
- Helps treat anemia, arthritis, gout, rheumatism, obesity, jaundice, liver problems and loss of appetite.