

TS II

100 capsules, Herbal combination, Stock No. 1092-0

TS II is a formula designed to nutritionally support the glandular system to balance hormonal activity, especially the thyroid gland.

TS II contains kelp plant, Irish moss plant, parsley plant, hops flower and capsicum fruit. Kelp contains an above average amount of iodine, which is a nutrient essential for proper thyroid function.

Did you know?

Hypothyroidism occurs when the thyroid fails to produce adequate thyroid hormones. The underproduction of hormones is sometimes due to inadequate dietary iodine.

Hypothyroidism can cause fatigue, weight gain, headaches, anemia, acne, eczema, chronic infection, psoriasis, menstrual disorders, depression, poor circulation, and sensitivity to cold.

The overproduction of thyroid hormones causes the gland to become overactive. Symptoms of hyperthyroidism include nervousness, insomnia and fatigue. All the body's processes speed up with this disorder.

NSP Advantage

100 capsules. Herbal combination.

Ingredients: Kelp (*Phaeophyta div.*) plant, Irish moss (*Chondrus crispus*) plant, parsley (*Petroselinum crispum*) herb, hops (*Humulus lupulus*) flowers, and capsicum (*Capsicum annuum*) fruit.

The herbs in this formula contain naturally-occurring amounts of calcium, iodine, magnesium, niacin, selenium, sodium, vitamin A, and zinc.

Recommendation: Take two capsules with a meal twice daily.

1. Dharmananda, S., *Your Nature, Your Health*, Institute for Traditional Medicine & Preventive Health Care, 1986, page 134.

Features & Benefits

- May help to increase thyroid activity and correct hormone imbalances, especially relating to the thyroid gland.
- May help to increase metabolic rate and blood circulation.
- Soothes inflamed tissues.
- Helps provide bulk to the stool, which in turn may help absorb toxins from the bowel.
- Promotes the growth of friendly bacteria in the intestinal tract.
- May be useful in cases of enlarged glands (thyroid, prostate, and lymph), coughs, debility, and convalescence.
- Hops has traditionally been used as a sedative and to relieve tension. It has also been used as a digestive aid to increase appetite and to relieve intestinal ailments (cramping and spasms).