

# UC-C

100 capsules, Chinese Herbal combination, Stock No. 1891-4

**U**C-C is a Chinese herbal combination which focuses its action on strengthening digestion and enhancing immunity.

Nature's Sunshine's Chinese herbal combinations are based on 5,000 years of Chinese herbal tradition. Traditional Chinese medicine, including herbs, provides primary healthcare for more than one-third of the world's population.

### *Did you know?*

The principle of therapy is Wen Zhong, which means to warm the centre. The Earth represents the centre of the body (the digestive organs) relative to the lungs and heart above and the kidney below. Chronic weakness of the digestive organs, including the intestines, is considered to be a "cold" condition.

With the internal coldness, there comes a tendency to have aches and cramps in the abdomen, prolapse of internal organs (or hemorrhoids), frequent diarrhea, and chills in the arms and legs.

### *NSP Advantage*

100 capsules. Chinese herbal combination.

*Ingredients:* Panax ginseng root, astragalus (*Astragalus membranaceus*) root, atractylodes (*Atractylodes species*) rhizome, hoelen (*Poria cocos*) plant, dioscorea (*Dioscorea japonica*) root, lotus (*Nelumbo nucifera*) seed, citrus (*Citrus species*) peel, chaenomeles (*Chaenomeles lagenaria*) fruit, cyperus (*Cyperus rotundus*) rhizome, dang gui (*Angelica sinensis*) root, galangia (*Alpinia galanga*) rhizome, ginger (*Zingiber officinale*) rhizome, hyacinth (*Dolichos lablab*) seed, licorice (*Glycyrrhiza uralensis*) root, magnolia (*Magnolia liliflora*) bark, pinellia (*Pinellia ternata*) rhizome, cardamom (*Amomum villosum*) fruit, and zanthoxylum (*Zanthoxylum americanum*) fruit.

*Recommendation:* Take three capsules with a meal three times daily.

**CAUTION:** Pregnancy and nursing.

## Features & Benefits

- Contains herbs that nutritionally support the entire digestive process and improve assimilation of foods.
- Contains herbs that may help to relieve inflammation and infection of the gastrointestinal tract.
- May stimulate the removal of toxins via the colon and kidneys.
- Contains immunostimulatory herbs that enhance immunity against infection.
- Traditionally used poor appetite, diarrhea, hemorrhoids, ulcers, colitis, indigestion, fatigue, poor circulation, hernia, depression, and arthritis.
- Supplements deficient conditions.