

Vitamin C 500 mg with Bioflavonoids

DIN 00656607, 180 tablets, Vitamin supplement, Stock No. 1651-7

Vitamin C, also known as ascorbic acid, is a water-soluble substance, which must be obtained from dietary sources. Although vitamin C occurs naturally in fresh, raw fruits and vegetables, cooking can destroy vitamin C content in foods.

Bioflavonoids act synergistically with vitamin C and enhance its absorption.

Did you know?

According to the *Journal of The American College of Nutrition*, "Evidence overwhelmingly points to the value of vitamin C in maintaining health and preventing cancer, cardiovascular disease, and cataracts."

NSP Advantage

180 tablets. Vitamin C supplement.

Ingredients: 500 mg of vitamin C (ascorbic acid) in a base of non-medicinal ingredients consisting of 50 mg of each of the following: lemon bioflavonoids, orange bioflavonoids, grapefruit bioflavonoids, hesperidin complex, rutin (*Dimorfandra cardineriana*), and rose hips (*Rosa canina*).

Other ingredients: dicalcium phosphate, magnesium stearate, rose hips (*Rosa canina*) concentrate, modified cellulose gum.

Recommendation: Take one or two tablets daily with a meal.

Features & Benefits

- Vitamin C is a factor in the maintenance of good health.
- Vitamin C is a factor in the normal development and maintenance of bones, cartilage, teeth and gums.