

# Vitamin C, 1000 mg (Timed-Release)

DIN 00455385, 60 tablets, Vitamin supplement, Stock No. 1727-2

Each specially processed tablet of Timed-Release Vitamin C contains beadlets encapsulated by coatings derived from natural sources, allowing slow release of its contents over an extended period of time. Each tablet will deliver at least 4 hours of continuous supply of vitamin C to your body, providing improved bioavailability, minimal urinary excretory loss, and reasonably stable serum vitamin C levels.

Timed-Release Vitamin C is especially recommended to those in need of large quantities of vitamin C in their system.

## *Did you know?*

According to the Journal of the American College of Nutrition, "Evidence overwhelmingly points to the value of vitamin C in maintaining health and preventing cancer, cardiovascular disease, and cataracts."

According to the American Journal of Clinical Nutrition, even doses as low as 500-1,000 mg daily of vitamin C will noticeably reduce LDL cholesterol.

Hospital research has found that people with coronary artery disease taking 1 gram (1,000 mg) of vitamin C daily are less likely to suffer dangerous blood clots after surgery than individuals not taking vitamin C supplements.<sup>1</sup>

## *NSP Advantage*

60 tablets. Vitamin C supplement.

*Ingredients:* 1000 mg of vitamin C in a unique inactive herbal containing rose hips (*Rosa canina*) extract, acerola (*Malpighia glabra*) extract, rutin (*Dimorfandra cardineriana*), lemon bioflavonoids, and hesperidin complex.

Other ingredients: cellulose, stearic acid, magnesium stearate, silicon dioxide, dicalcium phosphate.

*Recommendation:* Take one tablet daily with a meal.

1. Clement, Laura, and Tanner, Russ, *The Herb Allure Resource Toolkit*, under vitamin C.

## Features & Benefits

- Vitamin C is a factor in the maintenance of good health.
- Vitamin C is a factor in the normal development and maintenance of bones, cartilage, teeth and gums.