

X-A

100 capsules, Herbal combination, Stock No. 1112-5

Created specifically to enhance male vitality, this formula combines such herbs as Siberian ginseng, saw palmetto, damiana, and sarsaparilla, for the support of male health.

Did you know?

Male sexual function depends on optimal circulation within the sex organs. The two greatest impediments to circulation are dietary fat and stress. Fat blocks blood flow within the tiny capillaries that bring blood and oxygen to the testes and penis, resulting in a range of disorders, including prostate disease, cancer, sexual dysfunction, and impotence.

Both dietary fat and stress also alter the hormonal environment. Fat affects testosterone in men, just as estrogen does in women. The more meat and fat in the diet, the higher the testosterone levels, and particularly a byproduct of testosterone called dihydrotestosterone. High levels of dihydrotestosterone play a role in the onset of disorders of the prostate according to numerous studies.²

NSP Advantage

100 capsules. Herbal combination.

Ingredients: Siberian ginseng (*Eleutherococcus senticosus*) root, parthenium (*Parthenium integrifolium*) root, saw palmetto (*Serenoa repens*) berries, alfalfa (*Medicago sativa*) herb, damiana (*Tumera diffusa*) leaves, sarsaparilla (*Smilax spp.*) root, cornsilk (*Zea mays*), garlic (*Allium sativum*) bulb, capsicum (*Capsicum annuum*) fruit, and chickweed (*Stellaria media*) herb.

The herbs in this formula contain naturally-occurring amounts of chromium, iron, magnesium, manganese, niacin, riboflavin, selenium, vitamin A, and zinc.

Recommendation: Take one capsule with a meal three times daily.

1. Pederson, Mark, *Nutritional Herbology*, Wendell W. Whitman, Co., 1994, page 236.

2. Monte, Tom, *The Complete Guide to Natural Healing*, A, Pedigree Book, 1997, page 570.

Features & Benefits

- Garlic help treat bacterial and fungal infections and helps maintain cardiovascular health. • Saw palmetto helps to relieve the urologic symptoms associated with benign prostatic hyperplasia (BPH).
- Nourishes and strengthens the body.
- Capsicum has traditionally been used to help increase blood circulation.
- Siberian ginseng is an adaptogenic herb that enhances the body's response to stress.
- Damiana may help increase immunity and sex drive.
- Saw palmetto helps reduce inflammation in the reproductive and urinary systems, particularly the prostate and kidneys.
- Has traditionally been used to treat decreased libido, chronic weakness, impotence, nocturnal emissions, and prostatitis.¹