# Zinc

### DIN 00593664, 150 tablets, Mineral supplement, Stock No. 1657-9

Zinc is a trace mineral that has been found to be extremely important to overall health. More zinc is found in the body than any other trace element except iron.

This product is derived from zinc gluconate for more efficient absorption. For maximum benefit, it is combined in a rich, natural base of kelp plant, thyme herb, and alfalfa herb.

#### Did you know?

White spots on the fingernails are a sign of zinc deficiency.

Relatively high amounts of zinc are found in bone and muscle, and it's also prevalent in the prostate and retina. Pregnant and lactating women require more zinc than other women do.

Soil exhaustion and the procession of food adversely affect the zinc value in the food we eat. The best sources of all trace minerals in proper balance are natural unprocessed foods.

#### NSP Advantage

150 tablets. Mineral supplement.

*Ingredients:* 25 mg of zinc from zinc gluconate, an excellent source of zinc, which is easy to digest and absorb.

Other Ingredients: Dicalcium phosphate, kelp (*Ascophyllum nodosum*) plant, cellulose, thyme (*Thymus vulgaris*) herb, alfalfa (*Medicago sativa*) herb and magnesium stearate.

*Recommendation:* Take one tablet daily with a meal. For therapeutic use.

## **Features & Benefits**

- Supports the immune system.
- Accelerates healing time for internal and external wounds.
- Zinc has traditionally been used as an aid in the treatment of infertility.
- May help to avoid prostate problems and thus may improve male sex drive.
- Promotes growth and mental alertness.
- Protects the liver from chemical damage.
- Zinc has been shown to break down cell walls of bacteria such as those that cause a sore throat, and may help shorten the duration of cold symptoms.