

Zinc & Vitamin C Lozenges

DIN 02240853, 96 tablets, Vitamin/mineral supplement, Stock No. 1596-8

Zinc & Vitamin C Lozenges has been formulated with the most effective ingredients known to relieve the symptoms usually associated with the cold season. The tableted form you can suck on has been designed with the whole family in mind.

During the cold season most of us are prone to colds, flu, sore throats and coughs. Zinc & Vitamin C Lozenges is now available to you as our newest weapon in our immune-enhancing arsenal to help fight the displeasures of the cold season and enjoy Winter at its best.

Did you know?

The older you get, the less likely you are to fall victim to any of the 200 viruses that can cause a cold. Children typically get six to ten colds a year, because their immune system hasn't matured; adults usually get two to four.

NSP Advantage

96 tablets. Designed for the whole family and great-tasting too.

Ingredients: Each tablet contains 95 mg of vitamin C and 5 mg of zinc (from zinc citrate).

Other Ingredients: Crystalline sorbitol, xylitol, maltodextrin, natural-based tablet lubricant (corn syrup solids, partially hydrogenated canola oil, calcium caseinate, titanium dioxide, dicalcium phosphate, sodium caseinate, mono & diglycerides, dipotassium

phosphate, sodium silicoaluminate, and lecithin), hydroxypropyl methylcellulose, sodium ascorbate, guar (*Cyamaposis tetragonolobus*) gum, stearic acid, slippery elm (*Ulmus fulva*) bark, Echinacea purpurea root, natural orange flavour, magnesium stearate, licorice (*Glycyrrhiza glabra*) root concentrate, natural peach flavour, silicon dioxide, eucalyptus (*Eucalyptus globulus*) leaves oil, menthol and spearmint (*Mentha spicata*) oil.

Recommendation: Dissolve one tablet by mouth every hour or as needed.

CAUTION: Do not take more than 6 tablets per day.

References:

1. *The Review of Natural Products*. Ed. Ara Dermarderosian. Facts and Comparisons Publishing Group. St. Louis, Missouri. 1998
2. *Herbal Medicines: A guide for Health-care Professionals*. Newall CA, Anderson LA, Phillipson JD. Pharmaceutical Press. London. 1996
3. *The Pharmacology of Chinese Herbs. 2nd Ed.* Huang KC. CRC Press. Boca Raton, FL. 1999.
4. *Encyclopedia of Common Natural Ingredients: Used in Foods, Drugs, and Cosmetics. 2nd Ed.* Leung AY and Foster S. John Wiley and Sons, Inc. New York. 1996.
5. *Tyler's Herbs of Choice*. Tyler VE, Robbers JE. The Haworth Herbal Press. Binghamton NY. 1999.
6. *Natural Medicines Comprehensive Database 3rd Ed.* Jellin JM, Gregory P, Batz F, Hitchens K, et al. Stockton, CA. Therapeutic Research Faculty. 2000.

Features & Benefits

- Vitamin C aids in the treatment and prevention of the common cold and is a factor in the maintenance of good health.
- Zinc has been shown to break down cell walls of bacteria such as those that cause a sore throat, and may help shorten the duration of cold symptoms.
- Slippery elm provides soothing and coating to mucous membranes, especially the throat and esophagus.
- Slippery elm has traditionally been used for colds, flu, sore throat and coughs, as well as for various intestinal conditions.
- Licorice aids in the treatment of sore throat and helps

fight viral infection. It has been used in cough and cold preparations as an expectorant.^{1,2,3,4,5,6}

- Echinacea helps fight bacterial and viral infections and boost immunity.
- Echinacea has traditionally been used to fight off colds, flus and infections and for the relief of sore throat due to colds. It also acts as supportive therapy in the treatment of colds, flus, upper respiratory infections and urinary infections.
- Spearmint and peppermint oils relieve fever and pain.
- Eucalyptus oil is a traditional treatment of sore throat.